

Postgraduate Student Support – MSc & MRes

Department

Programme directors	https://www.imperial.ac.uk/physics/students/current-students/taught-postgraduates/course-directors/	Safety, academic and personal issues
PGT Senior Tutor	Bob Forsyth ph.pg-tutor@imperial.ac.uk Huxley 6M64 020 75947761	Pastoral care of students, personal issues, mental health issues
Director of Masters Teaching	Toby Wiseman t.wiseman@imperial.ac.uk Huxley 507	Oversight of all Physics MSc and MRes programmes, and those issues related to the wider college.
Disabilities Officer	Mery Fajardo ph.disabilityliaison@imperial.ac.uk Blackett 306	Disabilities, Special exam arrangements, Mitigating Circumstances
PG Administrator	Loli Sanchez Rey l.sanchez@imperial.ac.uk Blackett 316	Postgraduate liaison; progression, deadlines, Lab demonstrators; ID cards, IT access, etc.
Physics PGT Helpdesk		First Wednesday of each month (12-1pm, advertised by email regularly)

Students

Postgraduate Student committee chair	physics-pg-student-representative@imperial.ac.uk
Women in Physics lunches & other activities	https://www.imperial.ac.uk/physics/about-us/women-in-physics/wnbipsociety/

College

Counselling: note in particular regular “Workshop & Events” and the new webpage based support “Silvercloud”	https://www.imperial.ac.uk/counselling/
Student Well Being Advice Team	https://www.imperial.ac.uk/natural-sciences/education-and-teaching/wellbeing-support/resources-for-students/advice-team/
Student Mental Health Intervention officers	concernedaboutastudent@imperial.ac.uk
Chaplaincy	https://www.imperial.ac.uk/chaplaincy/
Union Advice centre	https://www.imperialcollegeunion.org/advice
International Student Support	https://www.imperial.ac.uk/students/international-students/
Student Hub (Registry)	https://www.imperial.ac.uk/student-hub/
Careers service	https://www.imperial.ac.uk/careers/
Finance (“Blackbullion” app)	https://www.imperial.ac.uk/students/fees-and-funding/managing-your-money/

Emergency

- Emergency Triage Clinic from the Imperial College Health Centre (Mon-Fri, 8.30-10am)
- Emergency GP appointment with your GP surgery
- Urgent medical advice: NHS 111 at 08454 242424
- Imperial Security: 4444 (extension) or 020 7589 1000 (mobile phone)
- Outside College: 999 and/or visit your local Accident & Emergency (A&E)
- Samaritains: <https://www.samaritans.org/how-we-can-help-you/contact-us>
- Papyrus: HOPEline UK: 0800 068 41 41

Ten steps to look after your mental health (from the Student Mental Health code of practice and guidelines)

1. Talk about your feelings
2. Keep active
3. Eat well
4. Drink sensibly
5. Keep in touch
6. Ask for help
7. Take a break
8. Do something you are good at
9. Accept who you are
10. Care for others